

WEEKLY ASSIGNMENTS

NAME: V.I.P. Tots Childcare MONTH Summer Menu YEAR: 2019

	MON	TUES	WED	THURS	FRI
	<u>Date</u>	<u>Date</u>	<u>Date</u>	<u>Date</u>	<u>Date</u>
BREAKFAST	Apple Strudel Breakfast Bowl	Homemade Blueberry Muffins	Cheesy Egg and Sausage Bake	Buttermilk Pancakes	Breakfast Yogurt Banana Split
	Apples and Cinnamon	Berry Fruit salad	Fresh Cantaloupe wedges	Strawberries and cream	Banana, Berries
	Organic Whole milk	Organic Whole milk	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk
LUNCH	Roast Turkey Dinner	Spaghetti and meat Sause	Turkey Cheddar Lettuce Tomato Wrap	Ground Beef and Cheese Tacos/corn Tortilla	Homemade Turkey Pot Pie
	Buttered Corn	Bacon/ranch Tossed Salad with carrots Cucumbers, Tomato's	Carrot and Celery Sticks with garden herb Greek yogurt dip	Cilantro tomato lettuce lime salad	Diced Carrots, Celery Peas, Onions Baked Apples
	Mashed Potato With Gravy			Spanish rice and refried beans	Homemade Cheddar Biscuits
	Homemade Yeast Roll	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk
	Organic Whole Milk				
SNACK	Orange Julius Smoothie	Watermelon wedges	Banana Pudding Pops with Bananas and Whole Milk	Egg Salad Sandwich	Homemade Organic Chocolate Chip Cookies
	Organic Animal Crackers	String Cheese	Lemon infused ice water	Lime infused Iced Water	Organic Whole Milk
	Mint Infused ice water	Cucumber infused Ice Water			

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BREAKFAST	Hot Chocolate Breakfast Porridge	Homemade Pumpkin Bread	Egg Bacon Burrito	Apple Cinnamon Baked French Toast	Strawberries and Cream Yogurt Bowl
	Banana Bites	Berry Fruit salad	Fresh Cantaloupe wedges	Baked Apples	Strawberries Granola
	Organic Whole milk	Organic Whole milk	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk
LUNCH	Cheesy Meatloaf Cups	Chicken alfredo with penne pasta	Chicken Salad Sandwich	Ground Beef and Cheese Burritos flour tortilla	Chicken Cordon Bleu Casserole
	Buttered Corn	Bacon/ranch Tossed Salad with carrots Cucumbers, Tomato's	Lettuce Tomato	Cilantro tomato lettuce lime salad	Diced Carrots, Celery Peas, Onions Baked Apples
	Diced Potato		Carrot and Celery Sticks with garden herb Greek yogurt dip	Spanish rice and refried beans	Homemade Cheddar Biscuits
	Homemade Yeast Roll	Organic Whole Milk		Organic Whole Milk	Organic Whole Milk
	Organic Whole Milk		Organic Whole Milk		
SNACK	Strawberries/Cream Smoothie	Carmel Apple Slices	Orange Dreamcicle with Whole Milk Popsicles	Cheesy Toast with Homemade Bread	Homemade Organic Oatmeal Raisin Cookies
	Organic Animal Crackers	String Cheese	Lemon infused ice water	Lime infused Iced Water	Organic Whole Milk
	Mint Infused ice water	Cucumber infused Ice Water			

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	<u>Date</u>	<u>Date</u>	<u>Date</u>	<u>Date</u>	<u>Date</u>
BREAKFAST	Strawberries and Cream of Wheat	Homemade Banana Fosters Bread	Sausage egg and cheese Biscuits	Blueberries and cream shortcake	Rainbow Yogurt Parfait
	Strawberries	Banana Bites	Fresh Cantaloupe wedges	blueberries and cream	Blueberries, strawberries, kiwi granola
	Organic Whole milk	Organic Whole milk	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk
LUNCH	Homestyle Pot Roast	Ham and Cheddar Macaroni Salad	Cheeseburger Sliders	Cheese Quesadilla	Enchilada Casserole
	Roasted Carrots	Bacon/ranch Tossed Salad with carrots Cucumbers, Tomato's	Potato Coins	Fiesta Salad with Cilantro tomato lettuce lime salad	Diced Tomatoes, Corn, Onions
	Roasted Potato		Carrot and Celery Sticks with garden herb Greek yogurt dip	Spanish rice and refried beans	Baked Apples
	Homemade Yeast Roll		Organic Whole Milk	Organic Whole Milk	Homemade Cheddar Biscuits
Organic Whole Milk		Organic Whole Milk	Organic Whole Milk	Organic Whole Milk	
SNACK	Pina Colada Smoothie	Banana Crunch Rolls	Strawberries and Cream Popsicles with Greek yogurt	Cinnamon Toast with Homemade Bread	Homemade Organic Milk Chocolate Brownies
	Organic Animal Crackers	String Cheese	Lemon infused ice water	Banana Slices	Organic Whole Milk
	Mint Infused ice water	Cucumber infused Ice Water		Lime infused Iced Water	

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BREAKFAST	Cinnabon Oatmeal Bowl	Homemade Zucchini Bread	Potato Egg Skillet	Belgium Waffles	Carmel Apple Yogurt Parfait
	Apples and Cinnamon	Banana Bites	Fresh Cantaloupe wedges	Strawberries and cream	Apples, granola
	Organic Whole milk	Organic Whole milk	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk
LUNCH	Crunchy Baked Chicken	Homemade Macaroni Cheese with Ham	Grilled Cheddar Cheese on Homemade Bread	Ground Beef and Cheddar nachos	Tater Tot Casserole
	Buttered Corn	Bacon/ranch Tossed Salad with carrots Cucumbers, Tomato's	Tomato Bisque Soup	Fiesta salad with Cilantro tomato lettuce lime salad	Diced Carrots, Celery Green beans, Onions Baked Apples
	Baked Potato		Carrot and Celery Sticks with garden herb Greek yogurt dip	Spanish rice and refried beans	Homemade Cheddar Biscuits
	Homemade Yeast Roll				Organic Whole Milk
	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk	
SNACK	Mixed Berry Slushy	Fruit Kabobs Watermelon Pineapple grapes	Banana Split Popsicle with frozen yogurt banana Strawberry Pineapple	Baked Apple Cobbler Baked apples Steel cut Oats	Homemade Organic Lemon Bars Cookies
	Organic Animal Crackers				Organic Whole Milk
	Mint Infused ice water	String Cheese Cucumber infused Ice Water	Lemon infused ice water	Lime infused Iced Water	

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BREAKFAST	Pumpkin Pie Hot Cereal Apples and Raisins Organic Whole milk	Homemade Apple Muffins Apple Rings Organic Whole milk	Eggs in a Basket Homemade Bread toasted with Over Easy egg inside and bacon Fresh Cantaloupe wedges Organic Whole Milk	French Toast Strips Fresh Strawberries and cream Organic Whole Milk	Blueberry Granola Yogurt Parfait Berries Organic Whole Milk	
LUNCH	Baked Chicken Fingers Gravy Dipping sauce Buttered Corn Mashed Potato With Gravy Homemade Yeast Roll Organic Whole Milk	Pepperoni, ham Greek pasta salad Bacon/ranch Tossed Salad with carrots Cucumbers, Tomato's Organic Whole Milk	Bar B Q Sliders with pulled pork Potato Coins Carrot and Celery Sticks with garden herb Greek yogurt dip Organic Whole Milk	Ground Beef and Cheese Tostada Fiesta Salad with Cilantro tomato lettuce lime salad Spanish rice and refried beans Organic Whole Milk	Hamburger Potato casserole Diced Carrots, Celery Green beans, Onions Baked Apples Homemade Cheddar Biscuits Organic Whole Milk	
	SNACK	Mago Tango Slushy Organic Animal Crackers Mint Infused ice water	Frozen Fruit Yogurt Bites with Mixed Berries Cucumber infused Ice Water	Strawberries and cream Fro yo Cups Strawberries Frozen Yogurt Lemon infused ice water	Apple Pie Cups Apples Granola Greek yogurt Lime infused Iced Water	Homemade Organic Chocolate Cake Organic Whole Milk

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BREAKFAST	Old Fashioned Bread Pudding	Homemade Strawberry Muffins	Cheesy Egg Muffins	Peach Crisp	Funky Monkey Yogurt Bowl
	Apples and Raisins	Strawberry Fruit salad	Fresh Cantaloupe wedges	Baked Peaches	Banana Granola
	Organic Whole milk	Organic Whole milk	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk
LUNCH	Homemade Cowboy Pizza Ground beef cheese	Beef Stroganoff	Sloppy Jo Sliders With ground beef	Chicken cheese Enchilada/corn Tortilla	Taco Soup With ground beef
	Cucumber Tomato salad	Bacon/ranch Tossed Salad with carrots Cucumbers, Tomato's	Potato Coin	Fiesta Salad with Cilantro tomato lettuce lime	Diced Tomatoes, Corn, Onions, Pinto Beans
	Pineapple Wedges		Carrot and Celery Sticks with garden herb Greek yogurt dip	Spanish rice and refried beans	Baked Apples
	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk	Organic Whole Milk	Shredded cheese and Tortilla chip garnish
					Organic Whole Milk
SNACK	Watermelon Slushy	Apple Wedges with Greek Yogurt Dip	Chocolate Pudding Pop and Whole Milk	Ham and cheese roll ups	Homemade Organic Snickerdoodle Cookies
	Organic Animal Crackers		Organic Graham Crackers	Lime infused Iced Water	
	Mint Infused ice water	Cucumber infused Ice Water	Lemon infused ice water		Organic Whole Milk